

U12/U14 11v11 Rules

Law 1 - The Field

- A. Dimensions: The field shall be rectangular. The recommended length is 100 - 120 yards and the width is 55 - 75 yards. The length in all cases shall exceed the width.
- B. Markings: Distinctive lines marking the outside of field, touchlines and goal lines. A halfway line shall be marked out across the field. There will be a center circle with a ten (10) yard radius. The goal area will be marked with a line at a right angle to the goal line six (6) yards from the inside of each goal post and six (6) yards out into the field. The penalty area will be marked with a line at a right angle to the goal line eighteen (18) yards from the inside of each goal post and eighteen (18) yards out into the field. The penalty mark should be ten (10) yards from the goal line. An arc of a circle with a radius ten (10) yards from the penalty mark is drawn outside the penalty area.
- C. Corner arcs with a radius of one (1) yard.
- D. Goals: Use the current standard goals - 8 feet x 24 feet

Law 2 - The Ball

The game ball will be a size 5 and should be supplied by the home team.

Law 3 - Number of Players

- A. The maximum number of players on the field at any one time is eleven (11). One of the eleven will be a goalkeeper. The minimum number of players to play the game is seven (7).
- B. The maximum number of players on the roster is eighteen (18).
- C. Substitutions - Normal USYSA, team in possession on throw-ins and all on goal kicks
- D. Each player shall play a minimum of 50% of the total playing time.

Law 4 - Players Equipment

- A. Footwear: Cleated soccer shoes or tennis shoes are acceptable.
- B. Shin-guards are mandatory. Socks should cover the shin-guards.

Law 5 - The Referee

- A. Registered Grade 8

Law 6 - Assistant Referee (Linesman)

- B. Parents (use a different one each week) should be used. One from each team is preferred or could use Registered Grade 8 or 9.

Law 7 - Duration of the Game

- A. The game shall be divided into two (2) equal halves of thirty (30) minutes each (U12)/thirty-five (35) minutes each (U14).
- B. Half-time break of five (5) minutes.

Law 8 - The Start of Play

- A. A coin toss will be used to start the game, visitor will call the coin. Winner will have a choice of which goal to defend. Loser will kick-off.
- B. At half-time switch ends and the team that did not kick-off in the first half will kick-off.
- C. Players must be outside of the center circle for a kick-off.

Law 9 – The Ball in and out of Play

- A. The ball is out of play when the WHOLE ball crosses the goal line or touch line either in the air or on the ground, or anytime the referee stops play.
- B. The ball is in play at all other times

Law 10 – Method of Scoring

- A. A goal is scored whenever the WHOLE ball crosses the goal line between the goal posts and under the crossbar, provided no infringements of the laws of the game have been committed previously by the team scoring the goal.

Law 11 – Offside –will be called

- A. A player is in an offside position if he is closer to his opponents goal line than either the ball or the second to last defender.
- B. It is not an offense to be in an offside position. The offside offense occurs only when the ball is played or touched by a teammate of the player in an offside position, and in the opinion of the referee, the offside player is actively involved in the play by either, interfering with play, interfering with an opponent, or gaining an advantage by being in an offside position.
- C. The referee will penalize the offensive team by awarding an indirect free kick to the defensive team at the place on the field the offside infraction occurred.

Law 12 – Fouls and Misconduct

- A. Conforms to FIFA, with the following exceptions.
 - 1. No slide tackles allowed in U12. Penalty for slide tackling is an indirect free kick from the point of the incident. If a player continues to slide tackle a caution (yellow) is warranted. If it still continues an ejection (red) is warranted.

Law 13 – Free Kicks

- A. Conforms to FIFA, there will be direct and indirect kicks.

Law 14 – Penalty Kicks

- A. There will be penalty kicks conforming to FIFA rules

Law 15 – Throw In

- A. Conforms to FIFA

Law 16 – Goal Kick

- A. Conforms to FIFA

Law 17 – Corner Kick

- A. Conforms to FIFA